



Rukenvale Public School

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Friday 11th October, 2013 .
Term 4, Week 1

★ Newsletter

Message for Parents/Caregivers

Welcome back to students and staff. We trust you all had a well earned break. This term we also welcome Ms Tunin who will be replacing Ms Jones on the Junior Class. Mrs Tunin has been a teacher here before and is familiar with the students, routines and expectations.

It is difficult to believe we are commencing 4th term already. It is certain to be another busy term with State Athletics, Intensive Swimming, a Junior excursion (new date yet to be set), Kinder Orientation, The Turner Cricket Challenge, Student reports, Christmas Tree and concert and The Achiever.

With the warmer weather we remind students that hats must be worn out in the playground. A drink bottle is also a great idea for warmer days.

State Athletics

We wish Holly, XXXX April and Kayla all the best as they compete at the State Athletics Carnival in Sydney next week. It is certain to be an amazing experience for them.



NAPLAN

We have received our results for 2013 NAPLAN. We are very proud of our students who achieved great results and significant improvements. Individual results will be sent home today.

Care Connections

On Tuesday we welcome guests from Care Connections in Kyogle. Students will entertain our visitors with music, stories, poetry and speeches. If you are able to **send in a small plate of food** to share, it would be most appreciated.

Junior Reports

We would appreciate if students in the Junior class could please bring in their Semester 1 2013 Reports. We need to have a copy on file at the school, however our file copies have been corrupted and unable to be retrieved.

Heartfelt Thoughts

Our heartfelt thoughts are with Ms Jones and her family following their family tragedy. A memorial service for their son Dominic is being held in Canada this weekend. Next Friday evening there will be a special Cinema Night in Kyogle for the Cox Family. Please see the attached flyer.

Kathleen Johnston
Principal



Weekly Awards

Junior Class Awards

Kelly Hoskins for taking pride in
and caring for our school gardens
Kiarna King for Computer Literacy

Senior Class Awards

xxxxxxx for neat, careful writing.
Holly Walters and **Tabitha**
Leonard for neat and accurate
Spelling.



AFTERLEE PUBLIC SCHOOL ANNUAL MARKET DAY P & C Fundraiser

Sunday 20th October 2013

FREE Entertainment all day
Chocolate Wheel with lots of prizes
Great food
Craft and brick-a-brack items
Bargains for Christmas
Animal Nursery
Face painting
Chocolate Wheel & raffles

Come for a beautiful drive in the country side
Stall holders welcome – ph 66333163 to book

Term 4

POSTPONED- Junior Class Excursion to
Ballina—TBA

Tuesday 15th October: Care Connections
Visit

16th/17th October—State Athletics in Sydney
Wednesday 30th October: P&C Meeting

Fridays 1st November: Tuckshop

Monday 18th November: Kinder Orientation

Tuesday 19th November: COLOURSS Social
Monday 25th November: Intensive Swimming
commences (2 weeks)

Wednesday 27th November: P&C meeting
(School Director Peter Campbell attending)

Friday 29th November: Tuckshop

Monday 2nd December: Kinder Orientation

Friday 6th December: Turner Cricket
Challenge

Thursday 12 December: Christmas Tree

Wednesday 18th December: Last Day for
Students

From The Library

Congratulations to all Rukenvale stu-
dents for being observant in locating
many of the missing Rukenvale Li-
brary books!

Congratulations especially to **Rhys**
Ryan, Eli Hausen, Oliver Hausen and
Tabitha Leonard for borrowing and
returning books consist-
ently through term 3.

Abby Sawford



Community News

Kyogle Community Cinema Programme – Cinema Week Commencing 11th October

Friday 11th October
 2.00pm We're The Millers MA15+
 4.00pm Red 2 M
 6.10pm What Maisie Knew M
 8.00pm Riddick MA15+

Saturday 12th October
 2.00pm What Maisie Knew M
 4.00pm We're The Millers MA15+
 6.00pm Riddick MA15+
 8.10pm Red 2 M

Sunday 13th October
 1.00pm What Maisie Knew M
 2.55pm Riddick MA15+
 5.10pm Red 2 M
 7.20pm We're The Millers MA15+

Wednesday 16th October
 10.30am What Maisie Knew M
 12.45pm Riddick MA15+

Continuing

Friday 11th October
 We're the Millers & Red 2

Commencing

Friday 11th October
 Riddick & What Maisie Knew

Friday 18th October
 Blue Jasmine & Percy Jackson – The Sea of Monsters

Friday 25th October
 Turbo & Planes

Friday 1st November
 Gravity & 2 Guns

Coming Soon

Captain Phillips
 Cloudy with Meatballs 2

Check Cinema, Website (kyoglecinema.com.au)
 and facebook for details

KYOGLE JUNIOR CRICKET

The 2013/14 season starts 11th October, 2013

Players needed for U13's, U15's & U17's

**Training now on Wednesday afternoon
 at Rec Ground starting at 4pm**

Sign on at training

Fee is \$85.00 per player

For more information please contact

Karen Slater - 0428 322313

Tony Olive - 0429 827256



Did You Know?

In NSW, close to **60% of children do not eat the recommended amount of vegetables.**

Eating fruit and vegetables every day helps children and a teenager grow and develop, boosts their vitality and can reduce the risk of many chronic diseases - such as heart disease, high blood pressure, some forms of cancer and being overweight or obese.

Some ideas to try:

Try different fruits or vegies on your toast - banana, mushrooms or tomatoes.

Add chopped or pureed fruit to plain yoghurts.

Make a fruit smoothie with fresh, frozen or canned (in natural or unsweetened juice) fruit; blend it with reduced fat milk and yoghurt.

Chop up some fruit or vegie sticks for the lunch-box.

In summer, freeze fruit on a skewer (or mix with yoghurt before freezing) for a refreshing snack.

Make fruit-based desserts (such as fruit crumble or baked, poached or stewed fruit) and serve with reduced fat custard.

Have fresh fruit available at all times as a convenient snack - keep the fruit bowl full and have diced fruit in a container in the fridge.

Community Announcement

\$20

CINEMA NIGHT

**Fun night out at Kyogle
Community Cinema!**

**In memory of Dom Cox
Proceeds to support the Cox
family**

Fri 18th Oct

7pm—Wine and Nibblies

—Great door prizes!

8pm—Movie: Blue Jasmine

Tickets at:

- ⇒ **Scarboroughs**
- ⇒ **Gateway Office
Supplies**
- ⇒ **Or phone Liz
66 364 251**

